

Fitness Class Schedule – Fall 2019

Day of Week	Class	Time	Location	Instructor	Cost	How to Register
Monday	Piloxing	5:15 pm – 6:00 pm	Government Center Basement	Rachel Czys	\$36 for six week session \$66 for two classes during the six week session	Email: rczys1@yahoo.com
Wednesday	Mind Body Fusion	5:15 pm - 6:00 pm	Government Center Basement			
Thursday	Yoga	12:30 pm – 1:00 pm	HHS Auditorium			

Register with instructor by August 30 or classes may be cancelled

Session 1: September 9 – October 14

Session 2: October 21 – December 2, No class week of November 25th

---> Contact instructor directly to register for classes <---

➤ **All students must register in advance.**

- If you do not pre-register with the instructor, classes may be cancelled if not enough participants have registered.
- Instructor will contact participants in the event of class cancellation due to weather or other scheduling issue.