

Walworth County Named One of the Healthiest Companies in America
Recognized for Exceptional Participation Rates and Health Improvements through Wellness Initiatives

Elkhorn, WI [April 20, 2017] – Lisa Henke, Risk/Benefits Manager, is proud to announce Walworth County received national recognition as one of the Healthiest Companies in America by Interactive Health, a national leader known for its personalized wellness solutions. Walworth County is one of 156 companies across the country, and one of 10 companies in Wisconsin being recognized for helping employees make significant and sometimes life-saving changes to improve their health. This is the sixth consecutive year Walworth County has won the award.

With the help of strategic and flexible wellness initiatives, the Healthiest Companies in America recipients have accomplished tremendous success, achieving participation rates in excess of 70 percent and a low-risk health score for their total population, based on rigorous and clinically sound health evaluations.

“It can be done. The Healthiest Companies in America award recipients prove that employers can both engage their employees and improve their health outcomes,” said Cathy Kenworthy, President and CEO of Interactive Health. “With holistic, engaging and personalized workplace wellness programs that encourage and achieve great participation, employees lead healthier and more productive lives. Interactive Health programs are tailored to address both the emotional and physical needs of each person, which has proven to be the most effective approach in empowering individuals to improve their health. We are so proud to applaud the success of each and every organization receiving this award.”

Interactive Health’s workplace wellness programs transform companies and their employees by helping people understand how they can improve their health. Beginning with a thorough health evaluation to identify risk, individuals learn more about their health status through: rapid outreach by health coaches, connection to personal physicians and other resources, and a personalized course of action. In addition, members who engage with the Interactive Health member website during their program have a 12-percent higher rate of achievement of personal health goals than those who do not take advantage of the online tools.

For more information on Healthiest Companies in America, visit <http://interactivehealthinc.com/client-success/healthiest-companies/>.

About Interactive Health

[Interactive Health \(www.interactivehealthinc.com\)](http://www.interactivehealthinc.com), the country’s leading provider of health management solutions, creates innovative wellness programs designed to increase overall company health and actively engage employees to make lasting behavior changes. Regardless of where a company may fall on the wellness spectrum, Interactive Health has a highly personalized program to meet its needs. By offering health assessments that detect risk at the earliest possible stage, Interactive Health has the capability to immediately intervene and engage at-risk participants with a personalized course of action. Using ActiveEngine, a proprietary algorithmic-based clinical intelligence engine, a unique achievable goal is assigned to each participant based on individual results and health improvements are measured. Interactive Health has a 20-year track record of creating the Healthiest Companies in America.