

Fitness Class Schedule – Summer Session 1							
Day of Week	Class	Dates	Time	Location	Instructor	Cost	How to Register
Monday	Pi-Yo Stretch	06/12 – 07/17 No Class 7/3	12:00 pm – 12:30 pm	HHS Auditorium	Rachel Czys	\$28 / 5 week session \$7 walk-in	Email Rachel at: rczys1@yahoo.com
Monday	Hatha Yoga	06/12 – 07/17 No Class 7/3	3:45 pm – 4:30 pm	HHS Auditorium	Rachel Czys	\$30 / 5 week session \$8 walk-in	Email Rachel at: rczys1@yahoo.com
Monday	Piloxing	06/12 – 07/17 No Class 7/3	5:15 pm – 6:15 pm	Government Center Basement	Rachel Czys	\$30 / 5 week session \$8 walk-in	Email Rachel at: rczys1@yahoo.com
Tuesday	Boot Camp	06/13 – 07/18 No Class 7/4	5:15 pm – 6:15 pm	Government Center Basement	Michele Jacobs	\$30 / 5 week session \$7 walk-in	Email Michele at: michele7291@gmail.com
Wednesday	Zumba	06/14 – 7/19 No Class 7/5	5:15 pm – 6:15 pm	Government Center Basement	Rachel Czys	\$30 / 5 week session \$8 walk-in	Email Rachel at: rczys1@yahoo.com
Thursday	Core Strength	06/15 – 07/20 No Class 7/6	5:30 pm – 6:00 pm	Government Center Basement	Michele Jacobs	\$25 / 5 week session \$6 walk-in	Email Michele at: michele7291@gmail.com

Fitness Class Schedule – Summer Session 2							
Day of Week	Class	Dates	Time	Location	Instructor	Cost	How to Register
Monday	Pi-Yo Stretch	07/31 – 08/28	12:00 pm – 12:30 pm	HHS Auditorium	Rachel Czys	\$28 / 5 week session \$7 walk-in	Email Rachel at: rczys1@yahoo.com
Monday	Hatha Yoga	07/31 – 08/28	3:45 pm – 4:30 pm	HHS Auditorium	Rachel Czys	\$30 / 5 week session \$8 walk-in	Email Rachel at: rczys1@yahoo.com
Monday	Piloxing	07/31 – 08/28	5:15 pm – 6:15 pm	Government Center Basement	Rachel Czys	\$30 / 5 week session \$8 walk-in	Email Rachel at: rczys1@yahoo.com
Tuesday	Boot Camp	08/01 – 08/29	5:15 pm – 6:15 pm	Government Center Basement	Michele Jacobs	\$30 / 5 week session \$7 walk-in	Email Michele at: michele7291@gmail.com
Wednesday	Zumba	08/02 – 8/30	5:15 pm – 6:15 pm	Government Center Basement	Rachel Czys	\$30 / 5 week session \$8 walk-in	Email Rachel at: rczys1@yahoo.com
Thursday	Core Strength	08/03 – 08/31	5:30 pm – 6:00 pm	Government Center Basement	Michele Jacobs	\$25 / 5 week session \$6 walk-in	Email Michele at: michele7291@gmail.com

Please note, all classes are scheduled for five weeks. If a class is cancelled due to inclement weather or instructor illness, the make-up session will be held on the week following the last scheduled class.

Each class must have a minimum of 7 pre-registered participants in order to run. All students must sign up in advance and indicate whether they are registering for the session or plan to attend as a walk-in. Registration is due ASAP and is non-refundable. Please register directly with the instructor.