

Black Beans with Corn & Tomatoes

Need a side dish or quick dip? This versatile dish is great with grilled chicken fajitas and black tortilla chips.

- 1 - 15-ounce can black beans
- 1 - cup frozen corn, thawed (or fresh cooked corn off the cob)
- 1 - cup cut fresh tomatoes
- 1 - clove garlic, minced
- 1 - tsp chopped fresh parsley (optional)
- 1/2 - tsp chili powder
- 1/8 - tsp cayenne pepper or more to taste

1. Drain and rinse beans.
2. In a bowl, combine beans, corn, tomatoes, and garlic.
3. Add parsley, pepper, and chili powder.
4. Combine and serve.

(Makes 4 servings.)
