

## What is Dementia?

Dementia is a set of symptoms resulting from disease, such as Alzheimer's, or other conditions such as stroke, that damage the brain and interfere with a person's ability to carry out daily activities

## What are the 10 signs?

1. Memory changes that disrupt daily life
2. Challenges in planning or solving problems
3. Difficulty completing familiar tasks
4. Confusion with time or place
5. Trouble understanding visual images
6. New problems with words in speaking or writing
7. Misplacing things and unable to retrace steps
8. Decreased or poor judgement
9. Withdrawal from work or social activities
10. Changes in mood or personality

## When should I have a cognitive screen?

A cognitive screen is a brief test used to evaluate memory, judgment, and the ability to understand visual information.

- When mental tasks that used to be easy to perform, become difficult.
- If you are concerned about your memory
- If you are over 65 and want to track your cognitive ability over time

## What is an Aging and Disability Resource Center?

An Aging and Disability Resource Center (ADRC) is a single source for information and assistance related to issues affecting older people and people with disabilities regardless of their income. The ADRC provides knowledge about services, programs and resources.

## Aging & Disability Resource Center of Walworth County Dementia Care Specialist:

### Jake Sawyers

262-741-3273

jsawyers@co.walworth.wi.us  
1910 County Road NN, Elkhorn, WI 53121



**Department of Health Services**  
Division of Long Term Care  
1 W. Wilson Street, Room 551 Madison, WI  
53703  
<http://www.dhs.wisconsin.gov/adrc/index.htm>



# Dementia Care Specialist

Serving Individuals,  
Families and the  
Community



# Dementia Care Specialist

---

## Support for Individuals with Dementia

---

### Cognitive Screening

Are you concerned about Memory Loss? Screening to detect cognitive changes is available through the Aging and Disability Resource Center. (ADRC)

### Independence

Dementia Care Specialists can help connect you with all of the opportunities available in your community to keep you connected and involved.

### Research Opportunities

Dementia Care Specialists can connect you to research studies that attempt to further understand the causes and possible treatments for dementia.

### Memory Tunes

A program that helps bring personalized music into the lives of the individuals with dementia through digital music technology, vastly improving quality of life.

---

## Support for Family Caregivers

---

### Who is a family caregiver?

Anyone providing physical, emotional, financial or other types of assistance to a family member or friend, who has a chronic disease or other condition, requiring ongoing care and attention.

### Assistance with Planning for the Future

Dementia Care Specialists can help to address your current situation and plan for the future, including care plan, legal and financial planning, education and awareness of dementia progression and end of life decisions

### Connections to Support Groups and Other Programs

Dementia Care Specialists are knowledgeable about all of the opportunities and resources available in your community and can help you find information and make connections.

### Coming Soon...Virtual Dementia Tour

Step into the world of Dementia.

---

## Community Support

---

### Dementia Friendly Communities

Dementia Care Specialists assist in the development of dementia friendly communities. These communities typically include:

- Memory Cafes
- Dementia Friendly Businesses
- Increased Civic Awareness of Dementia Related Issues: and
- Dementia Capable Emergency Response
- Caregiver Support Groups
- Dementia Friendly Coalition(s)

We are



Dementia Friendly